Allestree. 1628.

¶ A New Almanack and Prognostication, for the yeere of our Lord God, 1628.

And from the creation. 5590

Being Bissextile or Leap-yeere

Calculated and properly referred to the longitude & sublimity of the Pole Artick of 52 ♐ 53. deg.

Mutor pro temporũ ratione.

By *Richard Allestree*.

London Printed for the Company of Stationers.

A perfect Table of the foure Tearmes and their Returns, with the Essoyne dayes, dayes of Exception, Returna Breuium, dayes of apparance fitting this year, 1628.

Hillary tearme begins Ianu. 23. ends Febr. 12

Returne dayes, or daies of Essoyne.	Dayes of Exception.	*Returna Breuium.*	Dayes of Apparance
Octab. Hillary Ian. 21	Ianuary 21	Ianury 22	Ianuary 23
Quind. Hillary Ian. 28	Ianuary 28	Ianuary 29	Ianuary 30
Craft. purif. February 4	February 4	Februa 5	February 6
Octab. purif. Febr. 9	February 9	February 11	Februa. 12

Easter Terme begins Aprill 30. & ends May 26.

Quind. paschæ, April 28	May 2	May 2	May 3
Tres paschæ. May 5	May 6	May 7	May 8
Menſe paschæ May 12	May 13	May 14	May 15
Quin. paschæ May 18	May 20	May, 21	May 21
Craſti. Aſcenti. May 23	May. 24	May 26	May 26

Trinity Terme begins Iune 13. ends Iuly 2.

Craſt. Trinita, Iune 9	Iune 10	Iune 11	Iune 11
Octab. Trinit, Iune 16	Iune 17	Iune 18	Iune 19
Quin. Trinit. Iune 23	Iune 23	Iune 25	Iune 26
Tres Trinita. Iune 30	Iuly 1	Iuly 2	Iuly 3

Michaelmas Terme begins Octob. 9. endes Nouemb. 28.

Octa. Michael. Octo. 6	October 7	October 8	Octob. 9
Quind. Micha. Octo. 13	October 14	Octob. 15	Octob. 16
Tres Michael. Octo. 20	October 21	Octob. 22	Octob. 23
Menſe Mich. Octo. 27	October 27	Octob. 29	Octob. 30
Craſt. Anima. Nou. 3	Nouem. 4	Nouem. 5	Nouem. 6
Craſt. Martin. Nou. 12	Nouem. 13	Noue. 14	Nou. 15
Octab. Martin. Nou. 18	Nouem. 19	Noue. 20	Noue. 21
Quind. Martin. Nou. 25	Nouem. 26	Noue. 27	Noue. 28

Note also, that the Exchequer openeth eight daies before any Terme begin, except Trinity terme, before the which it openeth only foure dayes.

Vulgar Notes of The Iulian, Soligenian, or English account for this yeare, 1628.		The Lilian, Gregorian, or Roman account, for this yeare, 1628.	
The Golden number	14	Aureus Numerus	14
The Circle of the Sun.	13	Cyclus Solaris	13
The Dominicall Let.		Litera Dominicalis	
The Roman Indiction.	11	Indictio Romana	11
The Epact.	4	Epactæ	24
1. Sunday in Lent.	March 2	Quadragesima,	Mart. 17
Easter day,	April 13	Dominica Paschatis	April 2.
Ascension day	May 22	Ascensio Christi	Iunii. 1
Whitsunday	June 1	Pentecoste	Iunii. 11
Aduent sunday,	Nouem. 30	Aduentus Dom.	Decemb. 3
From the Nativity of Christ to Shrovetide, is 8 weekes and 5 dates.		Interuallum minus, siue numerus hebdomadarum & dierum inter Natalē, Dom. & Esto mihi hebdo. 10.	dierum 1
Sundaies after Trinity, are this yeare	24	Dominicæ post Trinitatis	23

Venus Lucifer aut Phosphoros nuncupatus, quam Solem antecedit, aut ante eum oritur: Hesperos vero aut Vesper, quando solem insequitur atq; post eum occidit.

This Golden Planet Venus is Occidentall from the beginning of this yeere, vntill the 13. day of September following, so long she is called our glittering Euening Starre, setting after the going downe of the Sunne, and therefore termed *Esperos vel vesperus*, that is the Euening Starre, continuing so long. And on the 14. day of September she beginneth to be Orientall, and to rise before the Sunne, and thereof called *Lucifer*: and our bright and glittering Morning Starre vnto the 6. day of Iuly Anno 1629.

Remember that Easter-day falleth vpon the Lady-day (or the 25. day of March) againe, Anno Domini 1638. and Anno Dom. 1649. Charles our Gratious King, did begin his reigne ouer Great Britaine, Anno 1625. March the 27. and hath reigned 3. yeares compleate this yeare, 1628. March 26.

A moſt plain and eaſie Table ſhewing the true time of the beginning, continuance, and yeares, ſince the reigne of each King & Queene in this Land, from the Conqueſt, vntill this yeare, 1628. Gathered forth of Chronicles, and heretofore ſet forth by others for profitable vſe.

The Kinges names.	Began theyr reigne.	The time they reigned.	Since theyr reigne.
Wil. Conq.	1066, oct. 14	20 y. 11 m. 22 d	541 Sept. 9
Will. Rufus	1087 Sep 9	12 y. 11 m. 19 d	528 Auguſt 1
Henr. the firſt	1100 Aug. 1.	35 y. 4 mo. 11 d	493 Decem. 2
King Stephen.	1135 Dec. 2.	18 y. 11 m. 19 d	474 Octob. 25
Henrie the 2.	1154 Oct. 25	34 y. 9 mo. 2 da	439, July 6
Richard the 1	1189 July 6	9 ye. 9 mon. 22 d	429, Aprill 6
King Iohn	1199 Aprill 6	17 y. 7 mon. 0 d	412, Octo. 19
Henrie the 3.	1216 Oct. 19	56 y. 1 mon. 0 d	356, None. 16
Edward the 1	1272 Nou. 16	34 ye. 8 mo. 9 d	321, July 7
Edward the 2	1307 July 7	19 ye. 7 mo. 6 d	302, Janu. 25
Edward the 3	1326 Ja. 25.	50 ye. 4 mo. 7 d	251, June 21
Richard the 2	1377 Iu. 21	22 ye. 3 m. 14 d	229, Sept. 29
Henry the 4	1399 De. 29	13 ye: 6 mo. 3 d	216, March. 20
Henry the 5	1412 mar. 20	9 ye. 5 mo. 24, d	206, Aug. 31
Henry the 6	1422 Aug. 31	38 ye. 6 m. 16, d	168, March 4
Edward the 4	1460 Mar. 4	22 ye. 1 mo. 8, da	145, Aprill 9
Edward the 5	1483 Aprill 9	0 ye. 2 mo. 18 d	145, June 22
Richard the 3	1483 Jan 22	2 ye. 2 mon. 5 d	143, Aug. 22
Henry the 7	1485, Au. 22	22 ye. 2 mo. 2, d	119, Aprill 22
Henry the 8	1509 Ap. 22	37 ye. 10 m. 2, d	081, Janu. 28
Edward the 6	1547 Jan 28	6 ye. 5 mo. 16 d	075, July 6
Queen Marie	1553 July 6	5 ye. 4 mo. 22, d	070, Nou. 17
Elizabeth	1558 No. 17	44 ye. 4 m. 15 d	025, March 24
King Iames	1602 mar 24	22 ye. 0 mo. 3 d	003 March 27
King Charles	1625 mar 27	Whom God grant long to reigne.	

The parts of mans body, which the Planets doe signifie of themselues.

Saturnus	Iupiter.	Mars.	Sol
Spleene, Right Eare. Bladder, and Bones.	Lungs, Ribs Liuer, Gristles, Veade, Arteries.	Gall, reynes, Left eare, Veines, and Stones.	Sight, Heart, right side, marrow, sinnewes, right eye viri and left eye mulieris.
Venus	Mercurius	Luna.	Mars et Venus
Kidneies, sperme. fatnesse, buttockes, genitals, matrixe, pappes, and throate.	Memory, Tongue, Hands, phantasie, Mouth, Sinewes, And shankes	Left eye viri, right mulieris, stomacke, Left side, Brest, womb-port, and Taste.	The secrets of both sex.

The twelue Signes are thus charactred. Aries ♈, Taurus ♉, Gemini ♊, Cancer ♋, Leo ♌, Virgo ♍, Libra ♎, Scorpio ♏, Sagit. ♐, Capric. ♑, Aquar. ♒, Pisces ♓.

The Planets thus, with the Dragons head and taile. Saturne ♄, Iupiter ♃, Mars ♂, Sol ☉, Venus ♀, Mercury ☿, Luna ☽, Caput drac. ☊, Cauda drac. ☋.

The Aspects thus. Coniunct. ☌, Sextile ⚹, Quadr. □, Trinus △, Oppositio ☍.

Dit sijn de teeckenen der Planeten.

☽ Luna, middelbaergoet. ☿ Mercurius, middelbaer, ♀ Venus, goet. ☉ Sol, middelbaer. ♂ Mars quaet. ♃ Iupiter, goet ♄ Saturnus, quaet. Ende die oppositie ende quadzature zijn quaet: de coniunctie Trin ende sextil zijn goet.

Times of Marriage prohibited by the Church.

From { After Aduent sund. / After Septuagesi. / Ascension day, } till { Eight dayes aft. the Twelfe day. / 8. dayes af. East. / Trinity Sunday }

The Anathomy of mans body, as the parts are Heathenishly attributed to the twelue signes of the Zodiaque.

Aries, the Head and Face.

Taurus, Necke and Throate.

Cancer, Brest, Stomacke, and Ribs.

Virgo, Bowels and Belly.

Scorpio, Secrets

Capricornus The Knees

Gemini, Armes and Shoulders.

Leo, Hart & backe

Libra, Reines and Loynes

Sagitarius Thighes.

Aquarius The Legges

Pisces. The Feete.

In the 7. or last columne of this my Almanacke toward the right hand, you haue the houre & min. of the sunrising for euery day in the year, at London: which houres & min. are halfe the length of the same night. For example: the 5. of Jan. the Sun riseth at London at 8 of the clocke, & no min. the length being doubled, maketh 16. houres and no min. the length of that night. And to know the time of the Sun-setting in the same place through the yeare, take the houres & minutes found in the Almanacke for sun-rising from 12. and you shall haue the Sun setting left: which being doubled, is the length of that day. Example: Jan. the 5. day aforenamed, the sun riseth at 8. & no min. take 8. from 12. and there resteth 4 the houre of sun set that day, 4 being doubled, maketh 8. hours, the length of that day, and so of all the rest. This is very easie.

The dayes of the month.	Weeke dayes.	Festiual dayes in vse for Law daies, keeping of Faires, &c.	The place of the ☉ she is in the Zodiak euery day at noone.	The Aspects of the Moon, with the Planets, or her void of course, fit for Physicians, Chirurgians &c.	Full Sea at London-bridge.	The houre & time of Sun-rising at London.
i	a		Pisces 16	□♃☾ 9,p	6, 28	8, 4
ii	b	Octa. Steph	Pisces 29	✶♀☾ 3,p	7, 20	8, 3
iii	c	Octa. Joh	Aries 13	Like to freeze	8, 10	8, 2
iiii	d	Octa. Inno.	Aries 27	1. quarter 5.a	9, 0	8, 1
v	e	Dep. of Gd.	Taur. 11	△♀☾ 6,p	10, 0	8, 0
vi	f		Taur. 26	☌☌☾ 10,a	11, 0	7,59
vii	g	Felix & Jan.	Gem. 11	△♄☾ 2,p	12, 0	7,58
viii	a	Erhardus	Gem. 25	☌♃☾ 6,a	1, 0	7,57
ix	b	Martiall vir	Cancer 10	Frost-like	2, 0	7,55
x	c		Cancer 25	Full ☾ 9,15,p	3, 0	7,53
xi	d	Iginii Pape	Leo 9	☌♀☾ 6,p	3, 44	7,52
xii	e	Wil toms fil	Leo 23	△♃☾ 0,	4, 28	7,50
xiii	f	1 sun.aft.Epi.	Virgo 6	△♀☾ 9,p	5, 12	7,49
xiiii	g	Felix pniest	Virgo 20	□♃☾ 7,p	5, 56	7,47
xv	a	Maurice	Libra 3	△☉☾ 3,p	6, 40	7,46
xvi	b	Marcellus	Libra 16	Snow like	7, 24	7,44
xvii	c	Anthony	Libra 28	✶♃☾ 4,a	8, 12	7,43
xviii	d	Prisca virg.	Scorp 10	Last quart.7.a	9, 0	7,41
xix	e	Wolstan B.	Scorp 23	□♀☾ 10 a	9, 48	7,40
xx	f	2 sun.af.Epip	Sagit 5	☌☌☾ 11,a	10,34	7,38
xxi	g	Agnes	Sagit. 16	✶♄☾ 2,a	11,20	7,36
xxii	a	Vincent mar	Sagit 29	☌♃☾ 4,a	12, 2	7,35
xxiii	b		Capric. 11	□♄☾ 2,p	12,46	7,33
xxiiii	c	Timothy	Capric. 23	☌♀☾ 11,a	1, 30	7,32
xxv	d	Con. of paul	Aquar. 5	△♃☾ 3,a	2, 13	7,30
xxvi	e	Policarpus.	Aquar. 17	New ☾ 9,6,a	3, 0	7,29
xxvii	f	3.sun aft.Epi.	Aqua. 30.	☌♀☾ 4,p	3, 52	7,28
xxviii	g	Quind. Hilla	Pisces 13	vac. cursus	4, 44	7,26
xxix	a	Valerius	Pisces 26	□♃☾,o	5, 36	7,24
xxx	b	Batilde Qu	Aries 9	☐♄☾ 4,p	6, 28	7,22
xxxi	c	Virgil bish.	Aries 23	△♃☾ 6,p	7, 20	7,20

☽ First quar. the 4 day, 4 min. after 5 in the morning, Raine,
☉ Full Moone the 10 day, 15 min. af. 9 at night, Eclipsed.
☽ Last quar. the 18 day, at 7 a clock in the morn. Raine-like.
☉ New Moon the 26 day, 6 m. past 9 morning, Sleet or raine

English	In this month is like to be much frost & snow.	Roman
1	Kal	
2	4	
3	3	
4	Pri	
5	Nu	
6	8	
7	7	
8	6	
9	5	
10	4	
11	3	
12	Pri	
13	Id.	
14	19	
15	18	
16	17	
17	16	
18	15	
19	14	
20	13	
21	12	
22	11	
23	10	
24	9	
25	8	
26	7	
27	6	
28	5	
29	4	
30	3	
31	Pri	

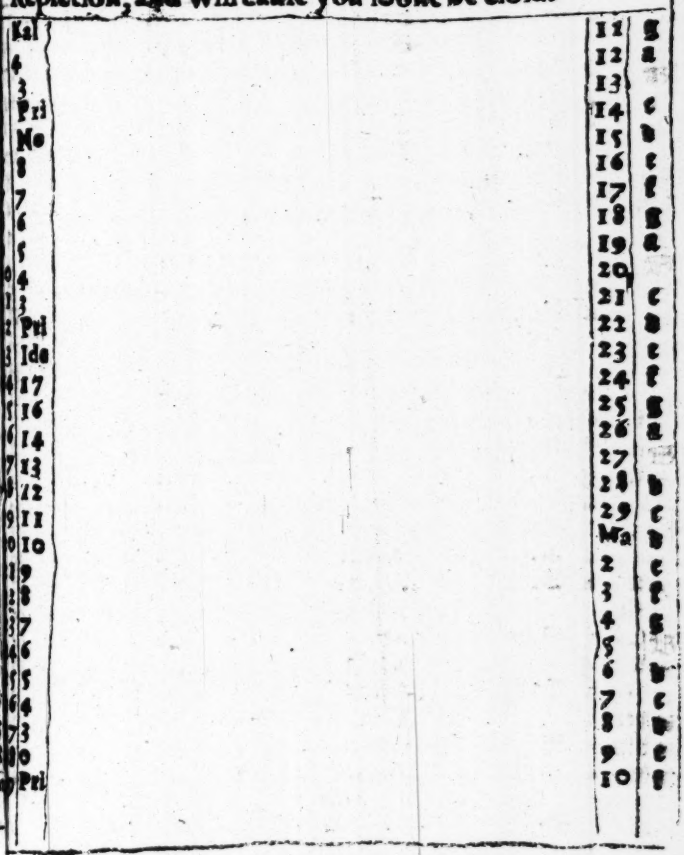
February hath xxix daies.

☽ First quar. the 2 day, at two a clock after noone, Raine like.
○ Full Moone the 9 day, 41 min. past 9 in the morn. Sleet like.
☾ Last quar. the 17 day, 41 m. past 2 in the morn. snow like.
● New Moon the 24 day, 43 m. past 11 night. Wind & rain.

i	d	Bridg. fast	Taur. 8	✶♀☾ 2.p	8, 10	7,16	
ii	e		Taur. 21	1.quarter.2.p	9, 0	7,14	
iii		4 sun. aft. Epi	Gem. 6	☌♂☾ 7,a	9, 50	7,12	
iiii	g	Craft. Purif.	Gem. 20	△☉☾ 8,p	10,40	7,10	
v	a	Agathe virg	Canc. 4	Frost like	11,32	7, 8	
vi	b	Dorothy vi.	Canc. 19	△♀☾ 2,a	12,24	7, 6	
vii	c	Richard K.	Leo 3	✶♂☾ 3,p	1, 16	7, 4	
viii	d	Syrus By.	Leo 17	☾ vac.curs.	2, 8	7, 2	
ix	e	Octab. Purif.	Virgo 2	Ful ☾ 9,40 a	3, 0	7, 0	
x			Virgo 15	☍♀☾ 9,p	3, 44	6,58	
xi	g	Scholast. V	Virgo 29	☐♃☾ 1,p	4, 28	6,56	
xii	a		Libra 11	Snow like.	5, 12	6,54	
xiii	b	Castoris	Libra 22	✶♃☾ 10,p	5, 45	6,52	
xiiii	c	Valentine B	Scorp. 4	△☉☾ 9,a	6, 40	6,50	
xv	d	Faustin.	Scorp. 15	☐☿☾ 6,p	7, 26	6,48	
xvi	e	Julian virg.	Scorp. 26	△♀☾ 4,a	8, 12	6,46	
xvii		Sextages. sun.	Sagit. 7	L.qua.2,41 a	9, 0	6,44	
xviii	g	Concordia	Sagit. 20	Fill dike	9, 50	6,43	
xix	a	Sabine mar	Capri. 1	☐♄☾ 9,p	10,40	6,41	
xx	b	Eucharius.	Capr. 12	☾ vac.curs.	11,32	6,39	
xxi	c	70 Martyrs	Capric. 23	✶♀☾ 3,p	12,24	6,37	
xxii	d	Peters chair	Aquar. 2	△♄☾ 6,a	1, 16	6,35	
xxiii	e	Policarp.	Aquar. 16	✶♃☾ 7,p	2, 8	6,33	
xxiiii			Pisces 0	New ☽ 111 p	3, 0	6,31	
xxv	f		Pisces 13	☾ vac.curs.	3, 32	6,29	
xxvi	g	Alexan. B	Aries ☌♂♀☾ 6,p		4, 44	6,27	
xxvii	a	Ashwensday	Aries [illegible]	Cold raine	5, 36	6,26	
xxviii	b	Oswald bish	Tauru. 0	△♃☾ 7,a	6, 28	6,25	
xxix	c	Romani.	Tauru. 16	✶☉☾ 2,p	7, 20	6,23	

Note that a stands for ante or before noone, and p for post, or after noone.

keepe good dyet, you ſhould neuer feed
Vntill you finde your ſtomacke cleane and void
former eaten meates, for they doe breed
Repletion, and will cauſe you ſoone be cloid.



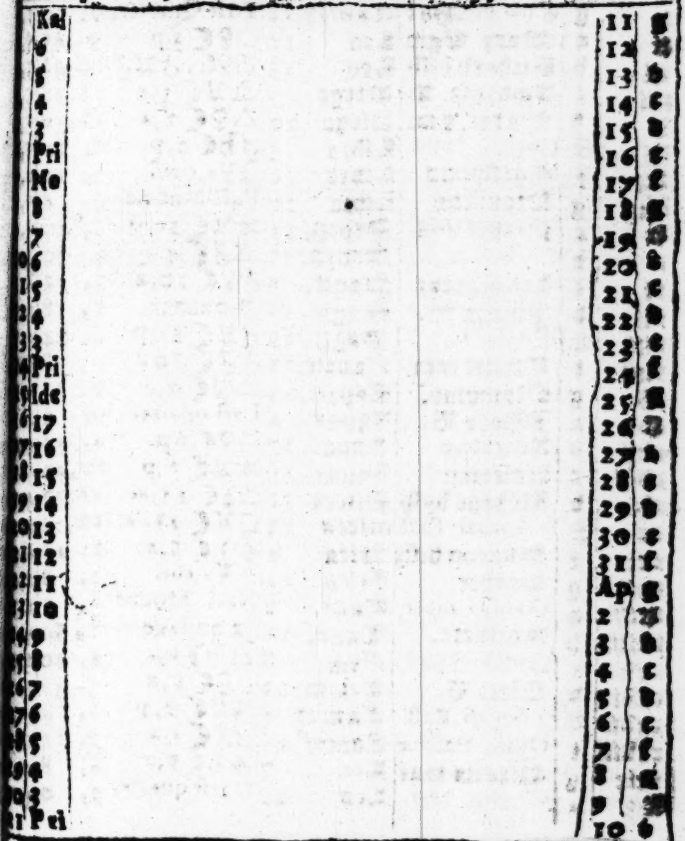
☽ First quar. the 2 day at 9 a clock at night. Raine like.
☉ Full Mone the 9 day, at 11 a clocke at night, Great wind
☽ Last quar. the 17 day, 8 min. after 11 at night, Raine or haile
☉ New Mone the 25 day, 14 min. after 11 morn. Rainy-li

The Spring, for the most part is like to be cold and wet.

i	d	Dauid bysh.	Gemini	1	△♄☾ 11,p	8,	10	6,2
ii	e	1 sun. in Lent.	Gemini	16	1 quar. 9. p.	9,	0	6,1
iii	f	Maryme. M	Cancer	0	□♄☾ 11,p	9,	48	6,1
iiii	g	Adrian Ma.	Cancer	15	☌♃☾ 11,a	10,	14	6,1
v	a	Focas Ma.	Cancer	29	△☉☾ 4,a	11,	36	6,1
vi	b	Fridolinus	Leo	13	✶☌☾ 9,p	12,	28	6,1
vii	c	Perpetua	Leo	27	△♃☾ 8,p	1,	20	6,
viii	d	Felix	Virgo	10	Winde-like	2,	10	6,
ix	e	2 sun. in Lent	Virgo	24	Full☾ 11, p	3,	0	6,
x	f	Alexander	Libra	7	☌♄☾ 5,p	3,	48	6,
xi	g		Libra	20	△☌☾ 4,p	4,	34	6,
xii	a	Euphra	Scorp.	2	Wind-like	5,	20	5,5
xiii	b	Gregory bis.	Scorp.	15	☽Is Sauage	6,	4	5,5
xiiii	c	Zachary	Scorp.	27	☽va. curs.	6,	48	5,5
xv	d	Longine	Sagit.	9	✶♄☾ 2,p	7,	32	5,5
xvi	e	3 sun. in Lent.	Sagit.	20	☌♃☾ 8,p	8,	16	5,5
xvii	f	Gertrude.	Capric.	2	L. qu. 11, 8, p	9,	0	5,4
xviii	g	Alexander b.	Capric.	14	□☿☾ 11,p	9,	42	5,4
xix	a	Joseph M.	Capric.	26	Rainie-like	10,	24	5,4
xx	b	Cuthbert	Aquar.	8	□♀☾ 8,a	11,	8	5,4
xxi	c	Benedict	Aquar.	21	△☌☾ 9,p	11,	52	5,4
xxii	d	Paul bishop	Pisces	4	✶♃☾ 8,a	12,	38	5,3
xxiii	e	4 sun. Lent.	Pisces	17	☾Vac curs.	1,	24	5,3
xxiiii	f	Botulph fast	Aries	1	□♃☾ 3,p	2,	10	5,3
xxv	g		Aries	15	New☾ 11, 14	3,	0	5,3
xxvi	a	Castuli	Aries	30	☌☿☾ 6,p	3,	52	5,3
xxvii	b		Tau.	15	☌♀☾ 4,p	4,	44	5,2
xxviii	c	Wilfri. & Ma	Tau.	29	☾ vac. curs.	5,	36	5,2
xxix	d	Eustace	Gemini	14	✶☉☾ 9,p	6,	28	5,2
xxx	e	5 sun. in Lent.	Gemeni	28	☌☌☾ 6,p	7,	20	5,2
xxxi	f	Guidonis	Cancer	12	□♄☾ 3,a	8,	10	5,2

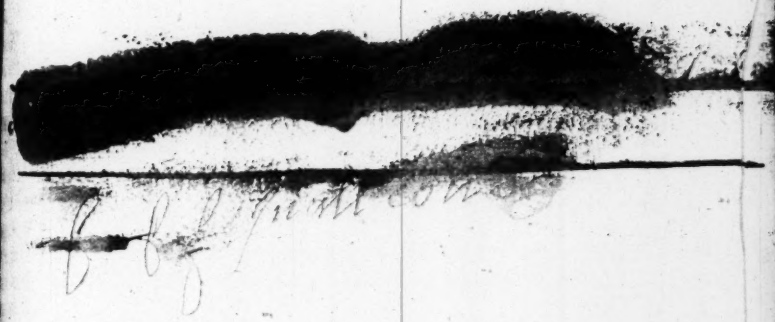
In allcond

ll Peares and Apples, Peaches, Milke, and Cheese,
lt meats, red-Deere, Hare, Beefe, and Goat; all cheese
e meats that breed ill blood and Melancholly,
ficke you be, to feed on them were folly.

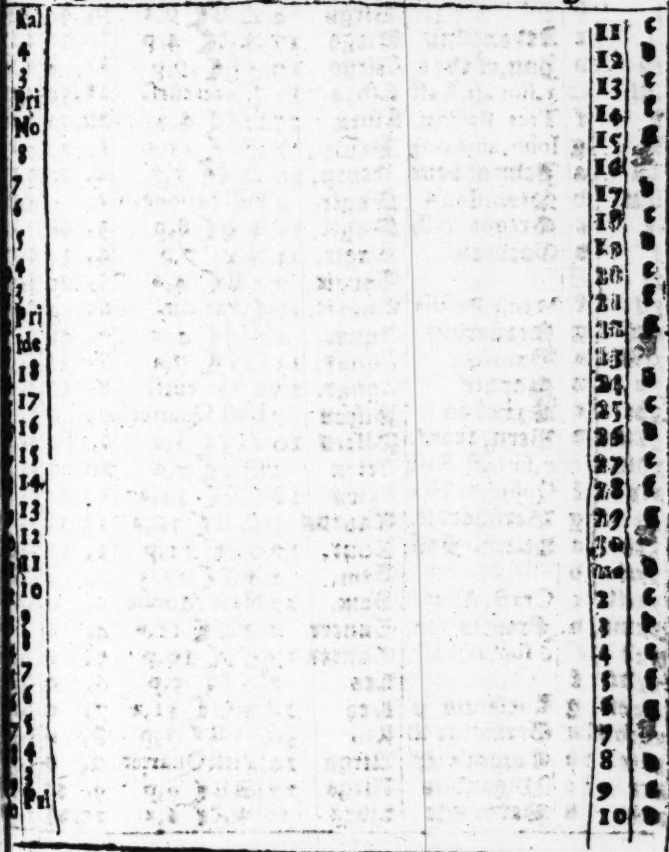


☽ Firſt quart. the firſt day, at 4. a clock in the morn. Moy
☉ Full Moone the 8 day, at one a clock after noone A
☾ Laſt quart. the 16 day, a little before 5. at night. ping A
● New Moone the 23 day, 8 min. paſt 8 at night. & a
☽ Firſt quart. the 30 day, 36. min. before noone. Sho

i	g	Con. of War	Cancer	26	First Quarter.	9,	0
ii	a	Mary Egip	Leo	10	□☿☾ 3,p	9,	45
iii	b	Richard biſh	Leo	23	☊☿☾, ☌♃	10,	46
iiii	c	Iudrose. B	Virgo	7	△♃☾ 5,a	11,	38
v	d	Marti. e m.	Virgo	20	△☿☾ 2,a	12,	30
vi	e	Palmeſand	Libra	3	☍♄☾ 6,p	1,	22
vii	f	Egeſippus	Libra	16	☽Va. curt.	2,	12
viii	g	Dionyſius	Libra	28	Full Moone	3,	6
ix	a	Perpetinis	Scorp.	11	✶♃☾ 10,p	3,	40
x	b	Sol in Taurus	Scorp.	23	△☌☾ 4 a	4,	30
xi	c	Leo martyr	Sagit.	5	☌☿☾ 10,a	5,	14
xii	d	Julius B.	Sagit.	17	☽ Sauage.	5,	58
xiii	e	Easter day	Sagit.	29	☌♃☾ 11,p	6,	24
xiiii	f	Tiburt mar.	Capric.	11	☌☌☾ 10 a	7,	28
xv	g	Olympiad.	Capric.	22	△☿☾ 9,a	8,	14
xvi	a	Iſidore B.	Aquar.	4	Laſt quarter	9,	0
xvii	b	Anicetus	Aquar.	17	□☿☾ 6p	9,	50
xviii	c	Valerian	Aquar.	29	✶♃☾ 6,p	10,	40
xix	d	Alphege byſh	Piſces	12	□☿☾ 11,a	11,	32
xx	e	1 ſun. aft. Eaſt	piſces	25	□♃☾ 11, a	12,	24
xxi	f	Simeon biſh	Aries	9	☌♄☾ 5,a	1,	16
xxii	g	Mother	Aries	24	☽Va. cur.	2,	8
xxiii	a	George mart.	Taur.	8	New Moone	3,	6
xxiiii	b	Adelbert.	Taur.	23	☽ Sauage	3,	50
xxv	c	Mark Euan	Gem.	8	△♄☽ 9,a	4,	40
xxvi	d	Elete B.	Gemin.	23	☌☿☾ 9,a	5,	32
xxvii	e	2 ſun. aft. Eaſt	Cancer	8	✶☿☾ 9, p	6,	24
xxviii	f	Quin. Paſchæ	Cancer	23	☌☌☾ 3,a	7,	16
xxix	g	Vitalis mar	Leo	7	✶♄☾ 9,a	8,	8
xxx	a	Terme beg.	Leo	20	First quarter	9,	0



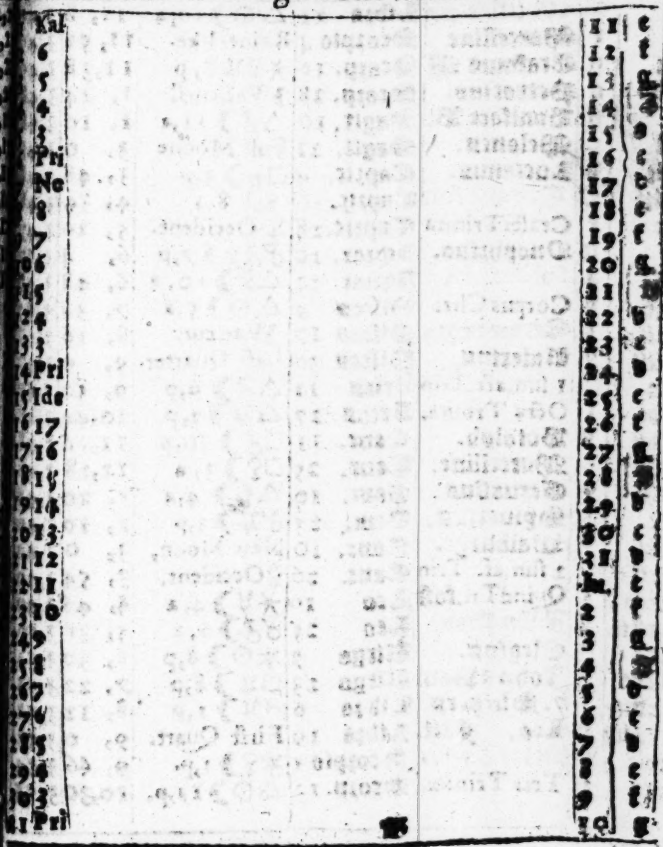
uſe wine you may ſhall ſerue you all the yeare,
Well-ſauour'd, taſting well, and colour'd cleare:
ue qualities there are, wine's praiſe aduancing,
Strong, beautifull, fragrant, coole, and dancing.



● Full Moon the 8 day, 38 min. aft. 3 in the morn. Rain like
☾ Last quar. 16 day, 22 min. after 7 in the morn. Froſt like
● New Moone the 23 day, 30 min. past 3 morn. Faire like
☽ First quar. the 28 day, 11 min. past 8 at night, Very fair
The 4, 5, 6, dayes of May, is some ſtore of raine looked for.

i	b	Phil & Jacob	Virgo	4	△♃☾ 9,a	9, 44	4	
ii	c	Athanaſius	Virgo	17	✶♂☾ 4,p	10,26	4	
iii	d	Inu. of the c.	Virgo	30	☌♄☾ 9,p	11, 8	4	
iiii	e	3. ſun aſt. East	Libra	12	☾ vac. curſ.	11,56	4	
v	f	Tres Paſchæ.	Libra	25	□♂☾ 4,a	12,36	4	
vi	g	Iohn. ante por	Scorp.	7	☌♀☾ 11,a	1, 22	4	
vii	a	Iohn at beue	Scorp.	20	△♂☾ 7,p	2, 10	4	
viii	b	Stanillaus	Sagit.	2	Full Moone.	3, 0	4	
ix	c	Gregor. biſh	Sagit.	14	✶♄☾ 8,p	3, 48	4	
x	d	Gordian	Sagit.	25	✶☿☿ 7,p	4, 34	4	
xi	e	Sol in Gemini	Capric.	7	☌♃☾ 4,a	5, 20	4	
xii	f	Menſe Paſchæ	Capric.	19	☾ vac cur.	6, 4	4	
xiii	g	Pancratius	Aquar.	1	☌♂☾ 4,a	6, 48	4	
xiiii	a	Bonifacc	Aquar.	13	□☿☾ 7,a	7, 32	4	
xv	b	Sophie	Aquar.	25	☾ vac. curſ.	8, 16	4	
xvi	c	Sixtus	Piſces	7	Laſt Quarter	9, 0	4	
xvii	d	Bern. tranſ.	Piſces	20	△☿☾ 1,a	9, 50	4	
xviii	e	5. ſun. aſt. East	Aries	4	☒♃☾ 7,a	10,40	4	
xix	f	Quind. paſchæ	Aries	18	□☿☾ 11,a	11,32	4	
xx	g	Bernhardie.	Taurus	2	△♃☾ 10,a	12,24	3	
xxi	a	Hellen. Faſt	Taur.	17	☌☿☾ 11,p	1, 16	3	
xxii	b	Aſcention da	Gem.	2	✶♂☾ 11,a	2, 8	3	
xxiii	c	Craft. Aſcenſ.	Gem.	17	New Moone	3, 0	3	
xxiiii	d	Francis tra.	Cancer	2	☌♃☾ 11,a	4, 0	3	
xxv	e	6 ſun. af. East.	Cancer	17	☌☿☾ 10,p	5, 6	3	
xxvi	f	Trinit ends	Leo	2	☌♂☾ 5,p	6, 0	3	
xxvii	g	Ruſtanus p.	Leo	16	✶☉☾ 11,a	7, 0	3	
xxviii	a	Germaine B	Leo	30	△♃☾ 1,p	8, 0	3	
xxix	b	Cozonis M.	Virgo	14	First Quarter.	9, 0	3	
xxx	c	Wigandus	Virgo	27	□♃☾ 6,p	9, 42	3	
xxxi	d	Petronilla	Libra	10	✶♂☾ 6,a	10,24	3	

In your drinke, you mingle Rew with Sage,
All poyson is expeld by power of those,
And if you would withall lusts heate asswage,
Adde to them two the gentle flow'r of Rose.

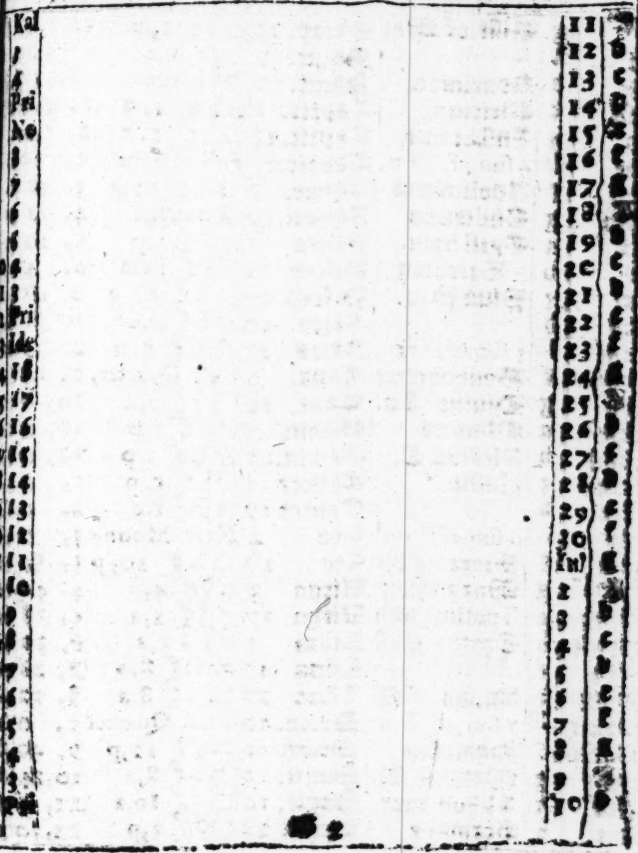


Iune hath xxx. daies.

● Full Moone the 6 day, at 7. a clock after noone. Fayre-li
☽ Last qua. the 14 day, 31 m. past 6 after noon. Dark-weat
○ New Moon the 21 day, 36 m. past 10 in the morn. Rain-li
☾ First quar. the 28 day, 12 m. past 7 in the morn. Raine-li
Some store of Raine, and Winde is like to be this moneth.

i	E	Whitsunday	Libra	22	△☉☽ 10, a	11, 8	3,4
ii	f	Marcelline	Scorpio	4	Raine-like.	11, 52	3,4
iii	g	Erasmus M	Scorp.	16	✶♀♃ 8, p	12, 38	3,4
iiii	a	Petrotius.	Scorp.	28	☽ Vac. curs.	1, 24	3,4
v	b	Boniface B.	Sagit.	10	△♂☽ 11, a	2, 10	3,4
vi	c	Melones.	Sagit.	22	Full Moone	3, 0	3,4
vii	d	Lucianus.	Capric.	4	□♄☽ 3, p	3, 48	3,4
viii	E	Trinitie sun	Capric.	16	☽☊ 8, p	4, 34	3,4
ix	f	Crasti Trinita	Capric.	28	♃ Occident.	5, 20	3,47
x	g	Onophrius.	Aquar.	10	☍♂♀☽ 7, p	6, 4	3,47
xi	a	Sol in Cancer	Aquar.	22	△♀☽ 10, a	6, 48	3,47
xii	b	Corpus Chri	Pisces	4	△☉☽ 5, a	7, 32	3,47
xiii	c	Terme begin	Pisces	17	☽ Vac. cur.	8, 16	3,47
xiiii	d	Valerius.	Pisces	30	Last Quarter.	9, 0	3,47
xv	E	1 sun. aft. Trin	Aries	11	△♂☽ 6, p	9, 52	3,47
xvi	f	Octa Trinita.	Aries	27	△♃☽ 2, p	10, 44	3,4
xvii	g	Botolph.	Taur.	11	□♂☽ 10, p	11, 36	3,4
xviii	a	Marcelline.	Taur.	25	□♀☽ 3, a	12, 28	3,4
xix	b	Geruasius.	Gem.	10	△♄☽ 4, a	1, 20	3,4
xx	c	Sylverius.	Gem.	25	☍♃☽ 3, p	2, 10	3,4
xxi	d	Walburge.	Canc.	10	New Moon,	3, 0	3,4
xxii	E	2 sun. af. Trin	Canc.	26	☿ Occident.	3, 54	3,4
xxiii	f	Quind Tri. fast	Leo	10	✶♃☽ 4, a	4, 46	3,4
xxiiii	g	John Bap.	Leo	25	☌♂☽ 6, a	5, 38	3,50
xxv	a	Elegius.	Virgo	9	✶☉☽ 8, p	6, 30	3,51
xxvi	b	John & Paul	Virgo	23	□♃☽ 8, p	7, 22	3,51
xxvii	c	7. Sleepers.	Libra	6	☌♃☽ 1, p	8, 12	3,52
xxviii	d	Leo. Fast.	Libra	19	First Quart.	9, 0	3,53
xxix	E	Peter Apost.	Scorpio	1	✶♀☽ 1, p.	9, 46	3,54
xxx	f	Tres Trinita.	Scorp.	13	△☉☽ 11, p.	10, 30	3,55

Spring your dinner muſt not much exceed,
Summers heate but little meate ſhall need:
Autumne beware you eate not too much fruite,
With Winters cold, full meales do fitteſt ſuite.



Iuly hath xxxi. daies.

☉ Full moone the 6 day, 22 min. after 10 morning, Rain l
☾ Last quar. the 14 day, at 3 a clok in the morning. Faire li
☉ New moone the 20 day, at 6 afternoone. Not very hot-
☽ First quar the 27 day, at 9 at night. Very faire Hay wea

i	g	Visit. of Ma.	Scorp. 25	□♂☾ 1, p	11, 14	3,
ii	a	Ceremonies	Sagit. 7	□♀☾ 6, a	11, 58	3,
iii	b	Kenelme b.	Sagit. 19	☽ Va. cur	12, 14	3,
iiii	c	Ulricius.	Capric. 1	☌♃☾ 1, a	1, 28	3,
v	d	Anshelmus	Capric. 13	△♀☾ 1, a	2, 14	4,
vi	E	4 sun. af. Trin.	Capric. 25	Full Moone	3, 0	4,
vii	f	Apollinaris	Aquar. 7	△♄☾ 11, a	3, 48	4,
viii	g	Chilianus	Aquari. 19	☽ Sauage	4, 34	4,
ix	a	Cyril bysh.	Pisces 1	☍♂☾ 1, p	5, 20	4,
x	b	7 Brethren	Pisces 14	☍♀☾ 11, a	6, 4	4,
xi	c	Pius Pap.	Pisces 27	□♃☾ 11, a	6, 48	4,
xii	d	Sol in Leone	Aries 10	☍♄☾ 8, a	7, 32	4,
xiii	E	5 sun. af. Trin.	Aries 23	△♃☾ 5, p	8 16	4,
xiiii	f	Bonauentur	Taur. 6	Last Quarter,	9, 0	4,
xv	g	Diuine. Ap.	Taur. 20	△♀☾ 7, a	10, 0	4,
xvi	a	Osmund	Gemin. 5	□♂☾ 1, p	11, 0	4,
xvii	b	Alexius C.	Gemin. 19	☍♃☾ 9, p	12, 0	4,
xviii	c	Rosina	Cancer 4	□♄☾ 5, p	1, 0	4,
xix	d	Dog day. beg	Cancer 19	✶♀☾ 2, p	2, 0	4,
xx	E	6 sun. af. Trin.	Leo 4	New Moone	3, 0	4,
xxi	f	Praxedis vir	Leo 19	△♃☾ 10, p	3, 54	4,
xxii	g	Mary Mag	Virgo 3	☌☿☾ 4, p	4, 46	4,
xxiii	a	Apollin. bish	Virgo 17	☌♂☾ 1, a	5, 38	4,
xxiiii	b	Christi. Fast	Libra 1	☌♀☽ 2, a	6, 30	4,
xxv	c	James Apo	Libra 14	✶☉☾ 8, a	7, 22	4,
xxvi	d	An. mo. of M	Libra 27	✶♃☾ 8, a	8, 12	4,
xxvii	E	7 sun. aft. Trin	Scorp. 10	First Quarter	9, 0	4,
xxviii	f	Sampson	Scorp. 22	✶♀☾ 12, p	9, 40	4,
xxix	g	Martha. V.	Sagit. 3	✶♄☾ 8, a	10, 24	4,
xxx	a	Abdon mar.	Sagit. 16	☐♂☾ 10, a	11,	
xxxi	b	Germane	Sagit. 28	☐♀☾ 3, p	11	

In great Consumptions learn'd Phyſitians thinke,
'Tis good on Goats or Camels milke to drinke:
Cowes Milke, and Sheepes do well; but yet an Aſſes
is beſt of all, and all the other paſſes.

Auguſt hath xxxi. daies.

☽ Full Moon the 5 day, at one a cloche morn. Faire & wi
☾ Laſt quar. the 12 day, 42 min. paſt 10 at morn. Wind
☽ New Moon the 19 day, 24 mi. paſt 2 morn. Faire wea
☾ Firſt quar. the 26 day, at 2 after none, Raine-like.
Get your harueſt in be time, leſt you rue it by winde and raine.

i	c	Lammas day	Capzit.	9	□ ♄☾,7.a	12, 0	4
ii	d	Stephen ma	Capzit.	21	△ ♂☾,12.p	12,36	4
iii	e	8 ſun. aft. Tri.	Aquar.	3	△ ♄☾,10.p	1, 22	4
iiii	f	Ariſtarchius	Aquar.	16	☾ Sauage.	2, 10	4
v	g	Gowries con.	Aquar.	28	Full Moone	3, 0	4
vi	a	Sixtus pa.	Piſces	11	☾ Vac.cur.	3, 52	4
vii	b	Aphra ma.	Piſces	23	☌ ♂☾,5.a	4, 44	4
viii	c	Cyriacus	Aries	7	☌ ♄☾,6.p	5, 36	4
ix	d	Roman mar	Aries	20	△ ♄☾ 9,p	6, 28	4
x	e	9 ſun. af. Trin	Taur.	3	△ ☉☾ 1,a	7, 20	4
xi	f	R. Alleſtre, 51	Taur.	17	△ ♀☾ 8,p	8, 10	4
xii	g	Sol in Virgo	Gem.	1	Laſt quaiter.	9, 0	4
xiii	a	Hippolit M.	Gemin.	15	□ ☿☾ 9,p	9, 50	5
xiiii	b	Euſebi. con.	Gemini	29	☌ ☿☾ 4,a	10,40	5
xv	c	the Lady day	Cancer	13	□ ♄☾ 5,a	11,32	5
xvi	d	Roſde con.	Cancer	28	✶ ♂☾ 7,a	12,24	5
xvii	e	10 ſun. af. Tri.	Leo	12	✶ ♄☾ 7, a	1, 16	5
xviii	f	Helena.	Leo	27	△ ♃☾ 7,a	2, 8	5
xix	g	Sebaldus.	Virgo	11	New Moone	3, 0	5
xx	a	Bern. Ab.	Virgo	25	☍ ♂☾ 6,p	3, 50	5
xxi	b	Anaſtaſe M.	Libra	5	☍ ♀☾ 1,a	4, 44	5
xxii	c	Timoth. B.	Libra	23	Raine-like.	5, 36	5
xxiii	d	Zacheꝰ. laſt	Scozp.	5	✶ ☉☾ 9,p	6, 28	5
xxiiii	e	Barthol. Ap	Scozp.	18	✶ ☿☾ 12,p	7, 20	5
xxv	f	Lewes king.	Scozp.	30	✶ ♂☾ 4,p	8, 10	5
xxvi	g	Hepherine	Sagit.	12	Firſt Quarter	9, 0	5
xxvii	a	Dog dar. end.	Sagit.	24	☍ ♃☾ 1 p	9, 48	5
xxviii	b	Auguſtine	Capzic.	6	□ ☿☾ 4,p	10,34	5
xxix	c	John behead	Capzic.	18	△ ☉☾ 10,a	11,20	5
xxx	d	Felix e Ind.	Capzic.	29	△ ♂☾ 9,p	12, 4	5
xxxi	e	12 ſun. af. Tri	Aquar.	12	△ ♄☾ 11,a	12,48	5

The choice of meats to health doth much auaile,
firſt Veale is holſome meat, and breeds good blood:
Capon, Hen, and Chicken, Partridge, Quaile,
The Pheſant, Woodcocke, Larke, and Thruſh be good.

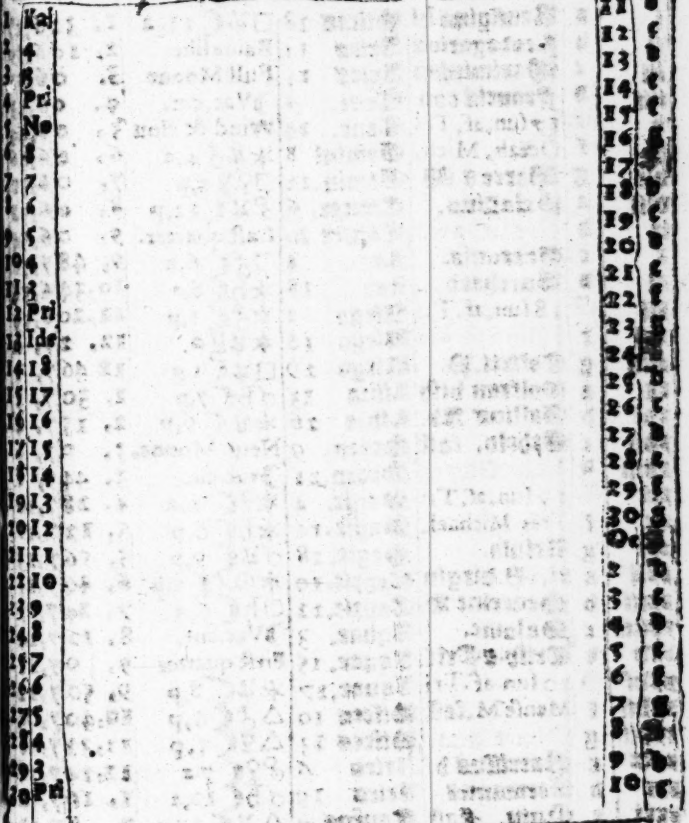
1	Kal		11	f	
2	4		12	g	
3	3		13		
4	Pri		14	b	
5	No		15	c	
6	8		16	d	
7	7		17	e	
8	6		18	f	
9	5		19	g	
10	4		20		
11	3		21	b	
12	Pri		22	c	
13	Ide		23	d	
14	19		24	e	
15	18		25	f	
16	17		26	g	
17	16		27		
18	15		28	b	
19	14		29	c	
20	13		30	d	
21	12		31	e	
22	11		Sep	f	
23	10		2	g	
24	9		3		
25	8		4	b	
26	7		5	c	
27	6		6	d	
28	5		7	e	
29	4		8	f	
30	3		9	g	
31	Pri		10		

September hath xxx. daies.

☉ Full moone the 3 day, 34. min. past 2 atternoone, Raine like
☾ Last quar. the 10 day, at 4 atter noone, A faire day like.
☉ New moon the 17 day, 26 min. past 1 forenoon, Raine-like
☽ First quar. the 25 day, 22 min past 9 in the morn Fair like
Ther is a ☌ ♄ ♂ in the second face of ♎ the 12 day at 8 at night

i	f	Effes abbot.	Aquari.	24	✶♃☾ 1,p	1, 32	5,36	
ii	g	Veronica	Pisces	7	☌♀☾ 11 a	2, 16	5,36	
iii	a	Gregory	Pisces	19	Full Moone	3, 0	5,40	
iiii	b	Theodosia	Aries	3	☌♀☾ 6,p	1, 52	5,42	
v	c	Bertine	Aries	16	☌♄☾ 6,a	4, 44	5,44	
vi	d	Magni	Aries	30	△♃☾ 5,a	5, 36	5,36	
vii	E	13 sun. af. Tri.	Taur.	14	a Vehement	6, 28	5,32	
viii	f	Nat of Marie	Taur.	28	winde.	7, 20	5,51	
ix	g	Gorgonii.	Gem.	11	△♄♂☾ 2, p	8, 10	5,53	
x	a	Silvius	Gem.	25	Last quarter	9, 0	5,55	
xi	b	Mauricius	Cancer	9	□♂♄☾ 5,p	9, 50	5,57	
xii	c	Sol in Libra	Cancer	24	Thunder-like	10,40	5,58	
xiii	d	Amantius	Leo	8	✶♄♂☾ 8,p	11,32	6, 0	
xiiii	E	14 sun. af. Tri.	Leo	22	△♃☾ 5,p	12,24	6, 2	
xv	f	Nichodemus	Virgo	6	☽ Vac. curs.	1, 16	6, 4	
xvi	g	Euphemia	Virgo	20	☌♀☾ 6,a	2, 8	6, 6	
xvii	a	Lamper	Libra	4	N w Moone	3, 0	6, 8	
xviii	b	Victor & Cor	Libra	17	☌♂☾ 1,p	3, 44	6,10	
xix	c	Januar. mar	Scorpio	1	✶♃☾ 6,a	4, 28	6,12	
xx	d	Fausta. Fast	Scorp.	13	☽ Vac. curs.	5, 12	6,14	
xxi	E	Math Apo	Scorp.	25	✶♀☾ 4,p	5, 56	6,17	
xxii	f	Mauricius	Sagit.	8	✶☉☾ 3,p	6, 40	6,19	
xxiii	g	Esdra	Sagit.	20	✶♂☾ 2,p	7, 24	6,21	
xxiiii	a	Androchius	Capric.	2	□♀♃☾ 5,p	8, 12	6,23	
xxv	b	Firminius	Capric.	14	First quarter	9, 0	6,25	
xxvi	c	Cyprian	Capric.	25	△♀☾ 10,a	9, 48	6,27	
xxvii	d	Cosme & Da	Aquari.	7	Haile & raine	10,34	6,29	
xxviii	E	16 sun. af. Tri.	Aquar.	19	△♂☾ 7,p	11,20	6,31	
xxix	f	Mich. Arch.	Pisces	2	✶♃☾ 2,p	12, 4	6,33	
xxx	g	Hierome D.	Pisces	15	Raine-like	12,48	6,35	

Milke is for Agues and for head-Ach nought,
Yet if from Agues fit you feele you free:
Sweet Butter wholsome is, as some haue thought,
To clense and purge some paines that inward bee.



October hath xxxi. daies.

☽ Full moone the 3 day, at 4 a clocke in the morn. Raine like
☾ Last qu: 9 day. 48 min. after 10 at night. Mistie weathe
● New moone the 17 day, at 4 in the morning. Wind & rain
☽ First quar. 25 day, 48 min. past 5 in the morn. Raine like

i	a	Remigius bi	Pisces	28	□♃☾ 11,a	1,	32	6,37
ii	b	Leodegarius	Aries	11	Raine like	2,	16	6,39
iii	c	Maximinian	Aries	25	Full Moone	3,	0	6,41
iiii	d	Francis con	Taur.	9	☽Vac. cur.	4,	0	6,43
v	e	17 sun. af. Tri	Taur.	24	Wind & clou	5,	0	6,44
vi	f	Obad. Mich.	Gemini	8	✶♃☽ 4,a	6,	0	6,46
vii	g	Marce & M	Gemin.	22	□☿☽ 4,p	7,	0	6,50
viii	a	Pelagius.	Cancer,	6	☌♃☾ 12,p	8,	0	6,52
ix	b	Vermeh sgiu	Cancer	20	Last quarter.	9,	0	6,54
x	c	Gereonis.	Leo	4	□☌☾ 6,a	9,	48	7,56
xi	d	Burchard.	Leo	18	✶♄☾ 8,a	10,	34	6,58
xii	e	18 sun. af. Tri	Virgo	2	✶☌☾ 1,p	11,	20	6,59
xiii	f	Solin Scorpio	Virgo	16	✶♃☿ 0.	12,	2	7, 0
xiiii	g	Taliesti. B.	Virgo	29	□♃☾ 1,p	12,	46	7, 1
xv	a	Wolfran bish	Libra	13	☌♄☾ 7,p	1,	30	7, 2
xvi	b	Gallus Ab.	Libra	26	✶♃☾ 9,p	2,	15	7, 4
xvii	c	Etheld. fast	Scorp.	9	New Moone.	3,	0	7, 6
xviii	d	Luke Euang	Scorp.	21	☽vac. cur.	3,	44	7, 8
xix	e	19 sun. af. Tri	Sagit.	4	✶☿☾ 1,a	4,	28	7,10
xx	f	Tres Michael.	Sagit.	16	✶♄☾ 6,p	5,	12	7,11
xxi	g	Ursula.	Sagit.	28	☌♃☾ 9,p	5,	56	7,13
xxii	a	xi. M. virgin	Capric.	10	✶☉☌☾ 2,p	6,	40	7,15
xxiii	b	Severine B.	Capric.	22	□♄☾ 6,a	7,	24	7,17
xxiiii	c	Salome.	Aquar.	3	☽Vac. cur.	8,	12	7,19
xxv	d	Crisp. & Cris	Aquar.	15	First quarter	9,	0	7,21
xxvi	e	20 sun. af. Tri	Aquar.	27	✶♃☾ 8,p	9,	50	7,22
xxvii	f	Mense M. fast	Pisces	10	△☌☾ 6,p	10,	40	7,24
xxviii	g	Sim. & Jude	Pisces	23	△☿☾ 5,p	11,	32	7,26
xxix	a	Narcissus b.	Aries	6	☌☿☾ 7.a	12,	24	7,28
xxx	b	Germanus	Aries	19	☌♄☾ 10,a	1,	16	7,30
xxxi	c	Quin. Fast	Taurus	3	△♃☾ 11,a	2,	8	7,32

October the Moone hath 30. dayes.

Cheese is an heauy meat, grosse, and cold,
And breedeth costiuenesse both new and old:
For healthy men, may Cheese be wholsome food,
But for the weake and sickly, 'tis not good.

1	Aui	11	b
2	6	12	c
3	5	13	d
4	4	14	e
5	3	15	f
6	Pri	16	b
7	No	17	c
8	8	18	d
9	7	19	e
10	6	20	f
11	5	21	g
12	4	22	a
13	3	23	b
14	Pri	24	c
15	Ide	25	d
16	17	26	e
17	16	27	f
18	15	28	g
19	14	29	a
20	13	30	b
21	12	31	c
22	11	No	d
23	10	2	e
24	9	3	f
25	8	4	g
26	7	5	a
27	6	6	b
28	5	7	c
29	4	8	d
30	3	9	e
31	Pri	10	f

Nouember hath xxx. daies.

☽ Full moone the 1 day, 36 min. past 2. in the morn. Rayn-like
☾ Last quar. the 8 day, 12 min. past 10 in the morn. Faire like
☽ New moon the 15 day, 38 min. after 7 at night. Kindly w
☽ first quarter the 22 day at midnight Faire coole weather
About the 12.13,14,15. daies of this month is like to be much raine.

i	d	All Saints	Taur.	18	Full Moone.	3.	0	7,34
ii	e	21 sun. af. Tri.	Gemini	3	☌☿☾ 3,p	3,	52	7,36
iii	f	Craft, Anim.	Gemin.	17	△♄☾ 5,p	4,	44	7,38
iiii	g	Imantius	Cancer	2	☌♃☾ 4,p	5,	36	7,40
v	a	Spiritus cons	Cancer	17	□♄☾ 6,p	6,	28	7,42
vi	b	Leonard con	Leo	1	△☉☾ 12,	07,	20	7,43
vii	c	Florentius	Leo	15	△☿☾ 5,a	8,	10	7,44
viii	d	Veneri	Leo	29	Last Quarter,	9,	0	7,46
ix	e	22 sun. af. Tri.	Virgo	1	☐☿☾ 2,p	9,	50	7,47
x	f	Trypho. m.	Virgo	15	☍☉☾ 1,p	10,	40	7,49
xi	g	Martin B.	Libra	9	☌☿☾ 8,p	11,	32	7,50
xii	a	Colin Sagitar.	Libra	22	☌♄☾ 7,a	12,	24	7,52
xiii	b	Brictius	Scorpio	5	☍☽☾ 1,p	1,	16	7,53
xiiii	c	Friderius	Scorp.	18	☽ Is Sauage	2,	8	7,54
xv	d	Leopoldus	Scorp.	30	New Moone	3,	0	7,55
xvi	e	23 sun. af. Tri.	Sagit.	12	☾ Vac. curs.	3,	42	7,57
xvii	f	Init. Reg Eliz.	Sagit.	24	☌☿☾ 3,p	4,	24	7,58
xviii	g	Octab. Martin	Capric.	6	Cold ayre.	5,	8	7,59
xix	a	Nat. K. Char.	Capric.	18	□♄☾ 7,p	5,	52	8, 0
xx	b	Edmund kin	Capric.	30	☍☌☾ 2,p	6,	38	8, 1
xxi	c	Oblat. mar.	Aquar.	12	☽ Vac. cur.	7,	14	8, 3
xxii	d	Cicely virg.	Aquar.	24	△♄☾ 8,a	8,	10	8, 4
xxiii	e	24 sun. af. Tri.	Pisces	6	First quarter.	9,	0	8, 5
xxiiii	f	Crisogoni	Pisces	18	☐♄☾ 1,a	9,	48	8, 6
xxv	g	Quind. Marti.	Aries	1	□☿☾ 3,p	10,	34	8, 7
xxvi	a	Conradus	Aries	14	△☉☾ 2,p	11,	20	8, 8
xxvii	b	Agricola	Aries	27	☌☿☾ raine,	12,	4	8, 8
xxviii	c	Germanus	Taur.	11	△♃☾ 7,a	12,	48	8, 9
xxix	d	Saturn. Fall	Taur.	26	☽ va curs.	1,	32	8,10
xxx	e	Andrew Apo	Gem.	11	☌☌☾ 6,a	2,	16	8,10

Against the Collicke, take Nettle-seed and Hony,
Is Physicke, better none is had for mony:
It breedeth sleepe, stayes vomits, Flegmes doth soften,
It helpes him of the Gout, that eates it often.

1	Kal		11	12	g
2	4		12	13	b
3	3		13	14	c
4	Pri		14	15	d
5	No		15	16	e
6	8		16	17	f
7	7		17	18	g
8	6		18	19	a
9	5		19	20	b
10	4		20	21	c
11	3		21	22	d
12	Pri		22	23	e
13	Ide		23	24	f
14	18		24	25	g
15	17		25	26	a
16	16		26	27	b
17	15		27	28	c
18	14		28	29	d
19	13		29	30	e
20	12		30	De	f
21	11		De	2	g
22	10		2	3	a
23	9		3	4	b
24	8		4	5	c
25	7		5	6	d
26	6		6	7	e
27	5		7	8	f
28	4		8	9	g
29	Fri		9	10	a
30	No				

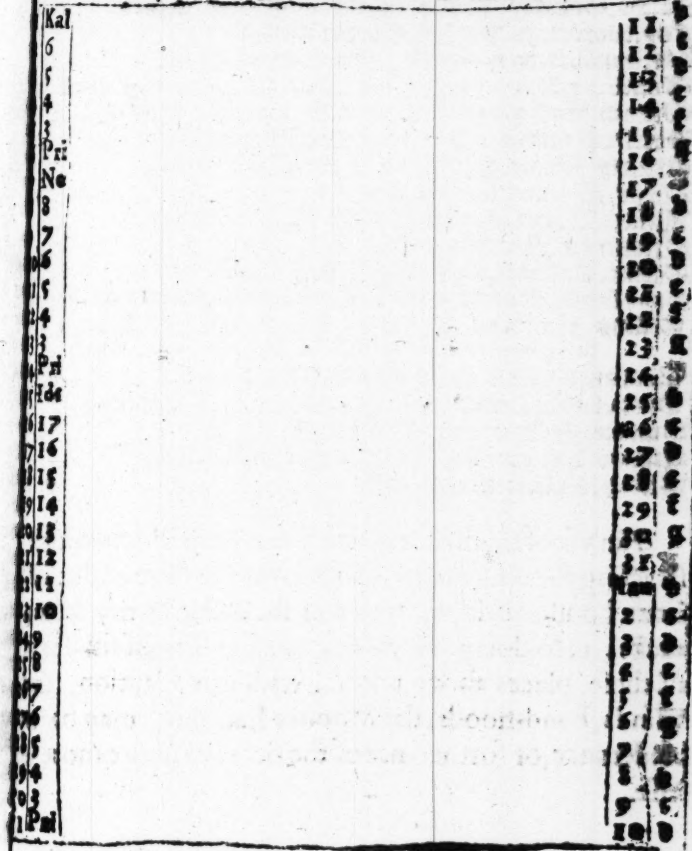
December hath xxxj. daies.

☉ Full Moone the 1 day, 44 min. af. 1 in the morn, Winde,
☾ Last quart. the 7 day, at 6 a clock at night. Faire weather.
☉ New ☾ the 15 day, at 55 min. past 2 after noone.
☽ First quart. the 23 day, 40 min: past 5. at night, Faire.
☉ Full Moone the 30 day, 36 min. after noone. A Frost.

The Sunne will be Ecclipsed the 15. day, at his setting.

i	f	Eligius	Gemin.	26	Full Moone	3, 0	8,11
ii	g	Candidus	Cancer	11	☍♃☾ 11,a	4, 0	8,12
iii	a	Libanus	Cancer	26	□♄☾ 7,a	5, 0	8,13
iiii	b	Barbara vir	Leo	11	□♀☾ 6,a	6, 0	8,13
v	c	Sabina mar	Leo	25	✶♄☾ 8,a	7, 0	8,13
vi	d	Nicholas B	Virgo	9	✶♀☾ 12,0	8, 0	8,13
vii	☉	2 sun. in Adu.	Virgo	23	Last quarter	9, 0	8,13
viii	f	Conc. of Ma	Libra	6	□♃☾ 8,p	9, 48	8,13
ix	g	Eulalie	Libra	19	☌♄☾ 5,p.	10,43	8,14
x	a		Scorp.	2	✶☿☾ 2 p	11,20	8,14
xi	b	Sol in Capric	Scorp.	15	☌♀☾ 11,a	12, 2	8,14
xii	c	Epimach i.	Scorp.	27	Snow like	12,46	8,14
xiii	d	Lucie virgin	Sagit.	9	☌☉☿ 1,p	1, 30	8,14
xiiii	☉	3 sun. in Adu.	Sagit.	21	☌♂☽ 4,a	2, 15	8,14
xv	f	O Sapientia	Capric.	3	New Moone	3, 0	8,14
xvi	g		Capric.	15	☌♃☾ 9,a	3, 44	8,13
xvii	a	Lazarus bis.	Capric.	27	□♄☾ 6,a	4, 28	8,13
xviii	b	Gratian bish	Aquar.	8	☽ Va. curs.	5, 12	8,13
xix	c	Venest bish.	Aquar.	20	✶♂☾ 3,p	5, 56	8,13
xx	d	Julius. Fast	Pisces	2	✶☿☾ 4,a	6, 40	8,13
xxi	☉	Tho. Apost.	Pisces	15	✶♃☾ 1,p	7, 24	8,12
xxii	f	30 Martyrs	Pisces	27	△♀☾ 1,p	8, 12	8,12
xxiii	g	Victor.	Aries	10	First quarter.	9, 0	8,11
xxiiii	a	Ignat. Fast	Aries	23	Like to freeze	9, 50	8,11
xxv	b	Christ[illegible]	Taurus	6	Frost be shut	10,40	8,10
xxvi	c	S. Stephen	Taur.	20	Vehement	11,32	8, 9
xxvii	d	[illegible]	Gemini	4	windes.	12,24	8, 8
xxviii	☉	Innocents	Gem.	19	△♄☾ 8,p	1, 16	8, 7
xxix	f	Tho. Becket	Cancer	4	☍♂☾ 2,a	2, 8	8, 7
xxx	g	Tran. of Ja.	Cancer	19	Full Moone	3, 0	8, 6
xxxi	a	Silvester	Leo	4	△♀☾ 6,p	3, 52	8, 5

ipe Cherries breeds good blood, and helps the ſtone,
Cherry you do eate, and Cherry-ſtone:
o cloſe your ſtomacke, well this order ſuits;
Cheeſe after fleſh, Nuts after Fiſh or Fruits.



A Tide-Table, whereby is easily found the time of full Sea, at the cheefest Ports, in and adioyning to this Kingdome.

For these places adde houres and minutes.

Barwick, S. Mat. Font. Ostend, Blackenb.	0,45
Frith, Lieth, Dunbar, Monsh. Egmo, Nar. Silly.	1,30
Falmo. Garnsey. Ibasto. S. Malo, Tinby, Lizard.	2,25
Foy, Waterford, Yoghal, Corke, Kinsale.	2,25
Lin, Humber, Weymouth, Dartm. Lime, Sale.	3,0
Montbray, Antwerp, Hanbor. Bristoll, Lamion, Fulnes.	3,0
Milford. Bridgewa. Exwater, North-coast of Engl.	4,30
Portla. Peterport, Harflew, Hag. Blanchey.	5,15
Orkney Poole, S. Ellens at the Flée, Emden.	6,0
Deépe. Needles Casket, Lux, Lenoy.	6,45
Bullen, Douer, Harwi. Yarmouth, Liest. Wight.	7,30
Orfordnes. Northforland.	7,30
Callice, Calshort, Rye Winchelley, Gore-cue.	5,14
Lands-end, Southampton, Quinborow, Portsmouth.	9,0
Willins, Flanders, Spits the Sluce along the Swine.	9,0

But contrariwise, for these substract Hou, and Min.

Redban, Aberdin, the West end of the Nore.	2,13
Graues-end, Downes Tenes, Rumney Ramkins.	2,30
Dundee, S. Andrewes Disbon, S. Lucas.	0,45
Timmo, Harlepo: Cadiz, Gascoigne, Brittaine.	0,0
Biskey, Galizia, Portu gall.	0,0

The vse of this Table is easily had, by adding or substracting the houres and minits from the time of the full-sea at London bridge, noted in the diarie of my Almanacke, in so doing it sheweth you the time of ful-sea in all these places above noted: with this Caution, that Winds, Land-floods, the Moones Latitude, may bee an hinderance, or fortherance of the time, an houre more or lesse.

Allestree. 1628.

A Prognostication for this present yeare of Grace, 1628.

Wherein you may obserue a briefe Declaration of an Eclipse of the Moone this Yeare; and of the *foure Quarters*; *Astronomically* grounded seruing for this Yeare, vsefull for all men, and pleasant, &c.

Gathered by *Richard Allestree.*

When GOD vttereth his Voyce, there is a multitude of Waters in the Heauens, and hee causeth the vapors to ascend from the ends of the earth: He maketh Lightnings with raine, and bringeth forth the Winde out of his Treasures. *Jerem.* 10. 13. Thus Nature is an order prescribed, and set downe by GOD too.

Imprinted at LONDON, for the Company of Stationers. 1628.

A Compendious Chronology of Yeares to this Yeare. 1628.

Since the Creation of the World to this yeare, is 5598
Since the vniuersall deluge or Noahs Flood. — 3921
From the vniuersall Flood to Christ. —— 2307
Since the promise made to Abraham. —— 3555
Since the leading forth of the Israelites by Moses out of Egypt. —— 3125
From Moses to Christ is. —— 1514
Since the foundation of the first Temple by Salomon. —— 2645
Since the Captiuity of Babilon. —— 2218
Since the destruction of Sodome with fire and brimstone. —— 3543
Since the death and ascention of Christ. —— 1595
Since the Sunne stood still in Iosuas time. —— 3032
Since the destruction of Troy. —— 2810
Since the building of the city of Rome. —— 2381
Since Nabuchadonozer the King. —— 2376
Since Brute entred Brittaine. —— 2735
Since the building of London. —— 2775
Since the Sun returned 10. degrees backward. 2316
Since Alexander the great dyed. —— 1952
Since Iulius Cæsar was slaine with bodkins. —— 1672
Since the last destruction of Ierusalem. —— 1545
Since England receiued the Christian Faith —— 1448
Since Constantine the great King of great Brittaine. —— 1318

Since the Danes first entred England. — 616
Since Duke William conquered England. — 561
Since the rare mysterie and Art of Printing bookes was inuented. — 188
Since the first inuention of Guns. — 250
Since the Register bookes began in euery Parish — 90
Since King Henry the 8. wonne Bulloigne. — 85
Since the great sweating sickenes. — 71
Since the great Massacre in France. — 67
Since the beginning of blessed Queene Elizabeths raigne. — 70
Since Pauls steeple was fired by lightning. — 69
Since the great Plague at New-hauen — 65
Since the Earles Rebellion in the North. — 55
Since the blazing star, and frosty winter. — 56
Since the greater earth-quake. — 48
Since the deepe snow. — 48
Since the campe at Tilbury. — 35
Since a great Plague in London. — 25
Since the damnable Powder Treason Nouember 5. — 23
Since the birth of our Soueraigne King Charles. — 26
Since the last great earth-quake in England: 1626. — 3
Since the happy returne of K. Charles from Spaine. October 6. — 1
Since the Comet or blazing star, from the 18. of Nouemb, (1618) till the 16. of December. — 10

A De-

A declaration of all the Eclipſes within this Yeare of grace. 1628.

The two great Luminaries, the Sunne and Moone will ſuffer foure Eclipſes this yeare currant, 1628, Two of the Sunne and two of the Moone, the firſt of the Moone and the laſt of the Sun will be viſible vpon our Horizon in England; Reliqua omnes extra; and all the reſt beyond the Sea. The beginning of this totall and Lunar Eclipſe will be at London the 10. day of January being thurſday at night, at 7. a clocke, and 15. min. according to our Engliſh accompt; but the 20. day of the ſame moneth in the Gregorian yeare. The beginning of her totall darkeneſſe will be at 8, a clocke and 19. min. the middſt at 9. a clocke and 5. min. She will begin to recouer her borrowed light, at 9. and 51. min: ſhee will end all her obſcurity, and begin againe to be wholly repleniſhed with the Sunnes borrowed light at 55. minu. after 10. The whole continuance from the beginning to the end, is 3 hou. 40 min.

There wil be an Eclipſe of the Sun the 21. day of Iune being ſaturday, according to our Engliſh accompt; but the 1. day of Iuly by the Gregorian. This Eclipſe will offer it ſelfe to the Southerne parts of Affrica, which is called Caput bonæ ſpei, & to ſome of its adiacent Ilands as Magellania, Aluares, Madagaſcar. &c. And although, the conjunction of the Sun and Moone be but 20. parts and 45. from the meridian of London, and ſo in our Hemiſphere; notwithſtanding this Eclipſe will not be ſeene with vs in England, becauſe of the great parrallax betweene the Sun and Moone at that time, which is here 53. firſts and 49. ſeconds.

There will be another Eclipſe of the Moone the 6. day of Iuly, according to our Engliſh accompt, but the 16. of the ſame, by the Gregorian; this Eclipſe is viſible to our

Antippodes at our ten a clocke, and 16. minutes before noone; and therefore not to be seene of vs in England.

The last Eclipse which I will speake of this yeare, is of the Sun the 15. day of December being Munday, according to our English accompt, but the 25. day of the same month by the Gregorian, it wilbe very conspicuous if the ayre be cleare with vs in England, France, Ireland, and Spaine. The Sunnes rayes will begin to be intercepted by the Opacous body of the Moone, and will be seeme to be hidden from our sight the day aboue said, then seated in the fourth degree, 42. minu. of Capricorne, both ioyned together neere the Dragons tayle. The Digits Eclipsed are 7. 23. minut. The beginning of it will be at two a clocke, and 55. minutes in the afternoone, the end will be at 5. a clocke, 25. minutes, and 50. seconds. And the time of the Eclipse from the beginning to the end, is two houres, 40. minutes, and 50. seconds. You may thus see the Sun set Eclipsed. if the ayre be faire and cleare whatsoeuer Mr. Rudston saith. Anno 1627.

Saturne is retrograde from the 12. day of Ianuary, to the 19. of May, from thence to the end of the yeare direct.

Iupiter is retrograde from the 21. day of Aprill, vnto the 9. of August, all the yeare else is direct.

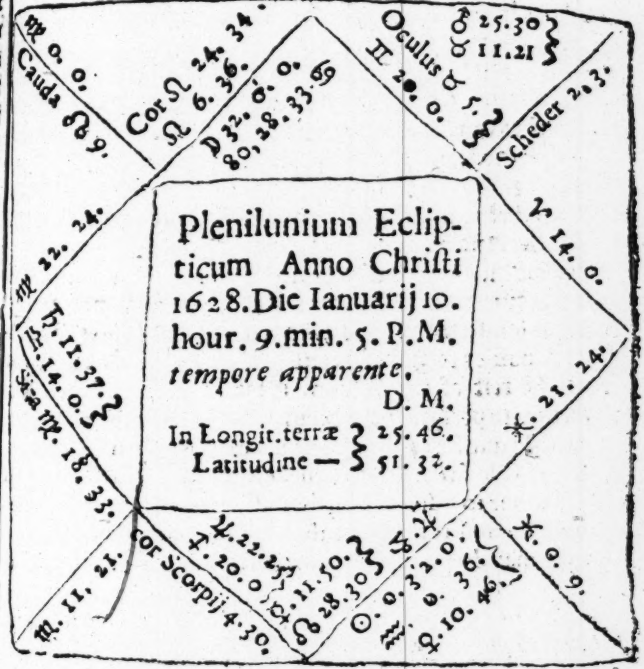
Mars is not retrograde at all this yeare.

Venus doth labour in her Retrograde motion, from the 24. day of August, vnto the 5. of October, all the yeare else she is direct.

Mercury is retrograde, from the 1. of Ianuary to the 14. of the same; and from the 16. of Aprill, to the 7. of May; and from the 10. of August, to the 2. of September; and from the 4 of December, to the end of the yeare: All the yeare else is direct.

The equall Tropicall yeare, beginneth the 10. day of March, at 1. a clocke. 47. min 20. seconds after noone; at what time the Sun entreth the first min. of the Equinoctiall signe Aries. containing 365. dayes, 5. houres, 55. minutes, 26. seconds.

A Sheame, or Cœleſtiall figure of the firſt Eclipſe of the Moone, the tenth day of Ianuary, at 9. a clocke, and 5. minutes after-noone, 1628. The Eclipſed Digits are eighteene, and 10. minut. *fere*: *Vt Schemate adjuncto Vides.*



Now it followeth that I should Prognosticate of th
influences or effects, that should happen concerning th
Eclipse; which is to say or beleeue that the Planets
starres, the parts of Heauen, and the foure Elements
must, shall, or will be immediate, sole, or solitary efficien
agents, or working causes of all, or any of their effects; is
heathenish, impious, vngodly and diuelish. For who is
he that knoweth not that euery thing that is moued, is
moued of or by the vertue and power of another? Ditio-
ne atque numide Dei geruntur res: All things are done by
the gouernment of God, who is truly known to be Deus
deorum, natura naturans, and of the old Phyloſophers:
Ens entium, & cauſa cauſarum. And that God doth what-
ſoeuer he willeth both in Heauen and earth, and none can
reſiſt his will; and that I do beleeue he is the immediate,
first, Almighty, ſole efficient agent, and cauſe of all natu-
rall effects. Neither is it Blaſphemy, neyther doe I goe
about to rob God of his honour or power (as ſome ſay I
doe) to ſay that God vſeth all his Creatures as his in-
ſtrumentalized inſtruments, and hath infuſed into them
from the beginning their diſpoſition, nature, vertue, and
power: And he can take it away againe, if he willeth;
yet we know that God worketh by or with meanes, and
a certaine order in nature: Yet God doth not alway
binde himſelfe vnto his meanes. God diſpoſeth and gi-
ueth power to all the ſecond cauſes, as the Sun Moon:
all the reſt of the Stars, Clouds, and the foure Ele-
ments, to performe their duties vnto, and for mankind;
As I haue ſaid, The Heauens cauſe the earth to fructifie,
& the Clouds drops fatneſſe. He maketh alſo the Clouds
to labour to water the earth, and ſcatereth the Clouds of
his light and it is turned about by his gouernment, that
they may doe whatſoeuer God commandeth them vpon
the whole World.

Natura itaque nihil eſt aliud, quàm organica ordinaria
vis à Deo indita rebus creatis.

A Crono-

A Cronography of the foure Quarters of this yeare. 1628.

1. Solſtitium Hyemale, the ſtay of the Sun in Winter, or our Winter quarter, and accoꝛding to Aſtronomy, entred the laſt yeare, 1627. the 11 day of December, at 7. a clocke 28. min. and no ſec. in the moꝛning, (but moꝛe naturally in this our Noꝛtherne Climate, about the midſt of Nouember,) at what time the Sun entred into the firſt minute of the imaginary cold and dꝛy ſigne Capricorne, at what time with vs the dayes are at the ſhoꝛteſt, and the nights at the longeſt in all the yeare: It is like to be a windy Chriſtmas.

2. Aequinoctium vernum, or the Spꝛing Quarter, beginneth Aſtronomically the 10. day of March, at one a clocke 23. minutes, no ſec. in the moꝛning, and endeth the 11. of Iune following, (but moꝛe naturally with vs about the 8. day of February.) In Aprill is like to be ſome hayle and thunder, and the Spꝛing foꝛ the moſt part, is like to be cold, moyſt, and windy.

3. Solſtitium æſtiuum, or the Summer quarter, accoꝛding to Aſtronomy beginneth the 11. day of Iune, at 5. a clocke, and 12. min. 11. ſeconds in the moꝛning, at what time the Sun entreth the firſt minute of Cancer, making our longeſt day and ſhoꝛteſt night with vs. This quarter continueth vntill the 12. day of September, and about the 8, 9, 10. dayes of Iune, and 6, 7, 8. dayes of September, is like to be moſt vehement windes, this Quarter is like to be very hot, thunder, and to be many Flies, fleas, Woꝛmes and Caterpillers, moꝛe then oꝛdinary, to the damaging of Trees, fruits, and pot-heaꝛbes.

4. The Autumnal Aequinoctiall, or Autumne Quarter beginneth Aſtronomically the 12. of September, at ſeauen

uen a clocke, 42. minutes, 20. ſeconds in the morning, at which time, the Sun entreth the ſecond Aequinoctiall ſigne Libra, making with vs againe equal day and night: This Quarter endeth the 11. day of December. Guido, and Hally ſaith, that this quarter is like to be litle raine, but darke weather, great winds, and ſome haile towards the midſt of September: From the 16. of October to the 8. of Nouember is like to be faire.

Qui ſapit, ille animum fortunæ præparat omni,
Præniſumq́, poteſt arte leuare malum.

Anatomy of wonder great I ſpeake, and yet am dead,
Men ſucke ſweet juice, from theſe blacke veines, which
mother Wiſedome bred.

Certayne Phyſicall Obſeruations.

THe world conſiſteth either of things inuiſible, as of ſpirits, or viſible as the Heauens, the Elements, and the bodies compoſed of Elements, ſo if the foure humours doe exceed or alter that proportion in mans body, that God created them at ỹ beginning, either in quality, or quantity, then ſhortly commeth diſeaſes & ſickneſſes, and ſo deceaſeth. And we may no leſſe aſſure our ſelues, that the Moon hath vnder God, as a ſecond and inſtrumentall cauſe, ſuperiorite and domination on the foure humours, Cholier, Blood Fleame, and Melancholy: Doctor Dee, in the 103. Aphoriſ. ſaith thus: Luna potentiſſima eſt humidarum rerum moderatrix, humidatiſq; excicatrix & effectrix. So that the beſt Doctors oft doe hold the opinion that all the infirmities which naturally come to any man (and not by any miſchance or ſuddaine accident) doth proceed and come by the diſtemperance of the foure humours; ſo we may well conclude, that if the head of a Fountaine, doth alter his courſe or be infected, then the adiacentiall or belonging ſtreames muſt needs

differ

differ eyther in quality or quantity. So likewiſe the Moone being of a paſſiue quality, collecteth and retayneth the good or euill influence of that Planet to whom ſhe is adioyned or applyeth, as well as ſhe receiueth and retayneth the light of her husband the Sun, as we ſee by proofe euery night in the yeare: As that famous Philoſopher Hermes ſayth in his Latromathematikes: Luna vero ſtella (ſiue benifica ſiue malefica fuerit) vtri ſe applicuerit, illi affragabitur. And becauſe her Orbe is neareſt vnto the earth, ſhe lendeth vs the vertue and influence of all the other Planets; and ſo cauſeth the mutation or alteration of the weather, and of mens bodyes, to good or euill, this or that, according to the nature of that Planet with whom ſhe is adioyned or configurated, and the part of the zodiaque whereon ſhe is ſcituated. Dicit Hyppocrates, quod medicus primo aſpiciet Luna, quando eſt plena lumine, quia tunc creſcit ſinguis & medulla in omni homine, & medulla in beſtijs omnibus, & augmentem in Mari, & in cunctis mundanis rebus. The aforeſaid things being well conſidered, as it is ſaid in briefe, therefore let Phyſicke and Medicines bee miniſtred on ſuch dayes and aſpects of the Moone with the Planets as followeth, if you can know them.

If therefore thou deſireth to helpe, ſtrengthen, or comfort the vitall vertue or liuely power, whoſe ſeate is the heart, you muſt vſe things temperatly hot and dry, or hot and moiſt, & at ſuch time as the Sun is ſtrong, and well affected with the friendly beames of Iupiter & Luna.

The naturall vertue gouerned by Iupiter, Venus and Luna, and ſeated in the Liuer, wherein are ingendred the foure humors (ſpoken of before) & is fortified eſpecially by Iupiter if we vſe hot and moyſt things, at ſuch times as Iupiter is weldiſpoſed in the Horoſcope, or configurated with Venus, and the Moone being fortunate.

The animall vertue diſtinguiſhed into the intelectuall part which Mercury gouerned, is the ſenſitiue which the

Moone

Moone with Iupiter and Venus do rule, & is best comfor-
ted vnder the aforesaid Planets well disposed, and with
medicines temperate and agreeable to their natures.

The vertue attractiue (one of the 4. lesse principall, and
subseruing vertues) reioycing in heate and dryneſſe, and
is fortified by things of hot nature, the Moone passing
vnder Aries and Sagitary, and well aspected of Sol or
Mars fortunate, or the Moone in any other signe so aspe-
cted, and Aries or Sagitary ascending in domo vitæ.

The vertue retentiue delighteth in cold and dry things
by the influence of Saturne, and best comforted, the Moon
seated vnder Taurus, Virgo, or Scorpio, and applying with
a friendly aspect vnto Saturne, or the Moone in another
signe so aspected, and either Taurus or Scorpio ascen-
ding in the East point.

The vertue digestiue, is best strengthened by heat and
moysture, and the influence of Iupiter, and is best holpen
when the Moone is vnder Gemini, Libra, or Aquari;
and aspected of a friendly Planet. or if she be in some o-
ther signe, then it is fit that eyther Gemini, Libra, or
Virgo, be rising in the ascendent.

The vertue expulsiue, delighteth in coldneſſe and moy-
sture, and that by the influence of the Moone well affec-
ted and placed in Cancer, Scorpio, Pisces, while one of
of their signes are ascending. Horum obseruatio vt non of-
ficit religioni, ita si ad vsum dextrè ac prudenter accom-
modetur, vtilitatem habet non contemnendum.

These things are apparent enough to well qualified
Philosophers to proue the Sunne, Moone and starres,
are the instruments to worke vpon all compound bodies
by their Motions, Reuolutions, Periods, scituations,
Coniunctions, Oppositions, Quartiles, Aspects, Sta-
tions, Retrogradations, Colmicall and Acronicall rising
and setting: and therefore I referre you for this time to
good and Authentike Authors.

Certaine profitable Rules, and briefe for Husbandry. Times, or generall rules of Husbandry and Gardening, ſuperſtitiouſly attributed to the Moone in the 12. Signes of the *Zodiaque*.

Salomon ſayth, He that obſerueth the Wind, ſhall not ſow, and hee that regardeth the Clouds, ſhall not reape, (*id eſt*) with his Neighbour.

BVt Aſtrologers ſay, before you Plant or Graft, &c. conſider the winde, for if it be in the North or East, it is perilous. And I ſay, that for the Planting, ſowing, ſetting, feeding, and preſerving of ſundry things, that places, and times of different nature and quality, are to be choſen: Non omnis fere omnia tellus, The premiſes conſidered, Plant, and graft, the Moone increaſing, in ♉, ♒, or ♍. Creſcens enim luna humorem auget & corpora implet. Decreſcens minuit & exhaurit.

Good to lib or geld Cattell, the Moone increaſing, in Ariete, Sagitarie, Capricorne.

Good to ſow or ſet all kind of Corne and ſeedes, the Moone being extra impedimentum: in ♈, ♉, ♌, ♎, or ♍: If you ſow in moiſt ground, or the nature of your ſeedes be moiſt, the time is apteſt after the full Moone; if it be dry, it is better in the increaſe: But the ſeedes whoſe rootes be round, muſt be ſowne, as Onions, Cabbages, or Turneps, &c. three or foure dayes before or after the full. Gather Apples and other fruits, herbs, and flowers,

flowers, to haue them in most beauty, and greatest vertue, the Moone at the full. Sow or set Garlike, Lettice, Parsnips, Carrets, Pease and Beanes, two or three dayes before or after the full Moone. Sow seedes or Herbes for store, in the increase, from February vnto Iune. Good to fell Timber for building, in the wane of the Moone, for the auoiding of wormes, from Midsummer vntill Ianuary. Good to plash hedges, fell wood to burne, that the stocke may the better grow againe, the Moone increasing in ♈, or ♎. Cut Vines in February or March, the Moone in ♈, ♉, or ♎. Remoue trees in the same signes, all the last quarter, in Nouember, September, or February. Dung your land that the weeds may not abound in the last quarter. Good to till your Gardens, and also to sow them, to set plants, and also make a Hop-yard, or to set Hop-poles, the Moone in Libra and Aquari. Sheare sheepe, cut downe your hay, and cut your haire to grow the sooner, in the increase. Kill fat swine neere the full Moone, for the fat, the better to indure the boyling.

Good for ablactions or weaning of Children, about the full, or the Moone Vac-cur, to make them the more willing to forget the pap or nurse.

He that is cast into Prison, or shall fall into any sicknesse, the Moone in ♉, ♌, ♏, or ♒, is not like soone or easily to come forth or recouer. A promise made will not lightly be kept; and rumours brought first to one, when the Moon moueth vnder ♈, ♋, ♎, or ♑, will commonly proue false. Good to destroy corns, haire, wens, warts, and to pare the nailes: cut them in the last quarter of the Moone, and she in Conunction, quartile, or oppositiō with Saturne or Mars. Giue any medicine for ☿ wormes, a day before and after the new Moone: Doe the like for Cataplasmes. Deiigitur altissim cœlum instrumentum quo inferioro agit, agit, impellit, regitq; Cardan.

And so I end this yeare with this saying of the Poet, Horace. Lib. 3. Ode. 3.

A man that's arm'd with constancy,
and vertue hath in price,
Cares not a rush for frantique fits.
of peoples fond deuice.
Ne frowning brow of Tyrant dreads
no chance can him dismay,
Though heauen & earth run all to wrack.
he still is at one stay.

Laus Domino, Regi aterna Gloriæ.

God saue our gracious King CHARLES.

An Abstract of a direction, concerning Reall Contracts.

WHosoeuer shall desire to Purchase, or put to Sale, to take in Lease, or let to Farme, to Grant, Assigne, Set ouer, Exchange, or otherwise to Contract or Deale with or for any Lands, Leases, Mantion Houses, Rents, annuities, &c. Or to redeeme any such from danger of Forfeiture: may haue ready meanes for the accomplishment of what shall bee desired, on the one part or on the other, in any the cases afore-sayd, or the like.

At the Portcht-House right against the end of shooe-laine in Holborne. *London.*

FINIS.